

## **AIMS OF OUR RESEARCH**

IN AUSTRALIA, 50% OF ALL DEATHS AND SERIOUS ILLNESS ARE DUE TO DISEASES OF THE HEART AND CIRCULATION.

MOST OF THEM ARE DUE TO HYPERTENSION (HIGH BLOOD PRESSURE) AND ATHEROSCLEROSIS (CLOGGING UP OF ARTERIES WITH FATTY CHOLESTEROL-LADEN PLAQUES) WHICH CAUSE STROKE, HEART ATTACK, HEART FAILURE AND KIDNEY FAILURE.

THE AIMS OF OUR RESEARCH ARE TO INCREASE UNDERSTANDING OF THE BASIC CAUSES OF HYPERTENSION AND ATHEROSCLEROSIS, TO USE THIS KNOWLEDGE TO HELP PREVENT HEART AND VASCULAR DISEASE IN THE COMMUNITY, AND TO IMPROVE MEDICAL AND SURGICAL TREATMENT.

THE BAKER MEDICAL RESEARCH INSTITUTE IS AFFILIATED WITH THE ALFRED GROUP OF HOSPITALS, AND WITH MONASH UNIVERSITY. THE INSTITUTE IS A WORLD HEALTH ORGANISATION COLLABORATING CENTRE FOR RESEARCH AND TEACHING IN CARDIOVASCULAR DISEASES.

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## FOREWORD

In the seventies we had Mission Brown, and in the eighties Mission Statements. Both phrases touched a contemporary chord, decorative or organizational. Now, however, we feel free to use pastel colours, and to write a foreword as this without the almost inevitable 'Mission Statement' heading.

What has made the phrase dated is not what it means, but what it signifies. Missions are space talk, Cape Kennedy launches, Houston control. The challenge may continue but the buzz has gone.

What people meant by 'Mission Statement' however, continues to be relevant. Briefly, it covers four questions - for the Baker, for any institution...

- What do we do?
- Why do we do it?
- How do we do it?
- What do we hope to achieve?

What we do is medical research. Our research is mainly into the heart and circulation, but inevitably reaches out into other areas of health and disease. Much of it is bench top investigations, what makes blood vessels contract, how cells metabolize cholesterol, how to stop clots forming in blood vessels.

The questions are not new, but the answers are not in yet. It's investigator-initiated, curiosity-driven research of the classical type - hypothesis, testing, publication. When people think about such research they often ask how relevant it is, and whether many laboratories are doing the same thing. When almost half of us will die of heart disease it's fairly relevant; and the surprising thing is how little duplication there actually is, not how much.

We do research for a range of reasons. Wanting to find out about things is a very powerful motivation; doing something that may be very useful down the track is another. About a third of the research we do is directly applied to the clinical situation, first in the Alfred-Baker Medical Unit, and then elsewhere. Curiosity keeps people excited and patients keep them focussed.

How we do our research can be answered in a number of ways. We do it by using cells and tissues, experimental animals and human volunteers, chemicals and isotopes. We do it with a high degree of skill and commitment, probably more national and international than local recognition, and occasional bouts of frustration. We do it relatively on a shoestring, acknowledging the support we get, always hoping for more.

We will achieve a number of things. First, we contribute significantly to the world pool of knowledge. Second, we are suggesting and testing advances in the prevention,

detection and treatment of disease. Third, we are training the doctors and scientists who will apply the discoveries made here and abroad.

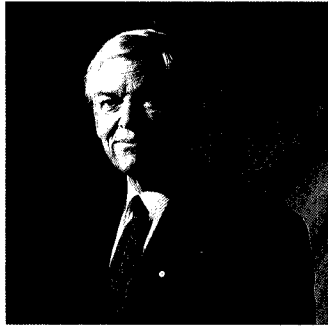
And finally, the Baker - with its sister Institutes, and the various university and hospital departments - is testimony that there are things that Australia can do very well, and that we do medical research up with the best of them.

Our aspirations are at the benchtop, at the bedside, and in a wider sense in our society. To paraphrase Louis Pasteur: the laboratories of today are the cathedrals of tomorrow.

A handwritten signature in black ink, reading "John Funder". The signature is written in a cursive, flowing style with a large initial 'J'.

John Funder

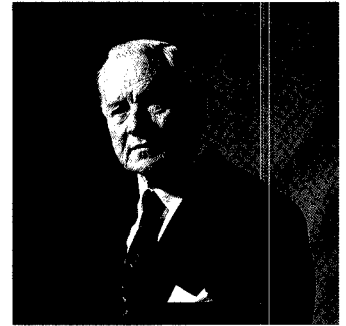
## BOARD OF MANAGEMENT



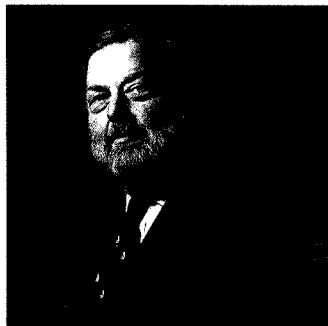
**Mr J D Moir** AM, President of the Baker Board of Management, is a consultant to Minter Ellison.



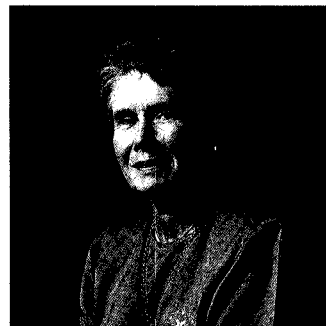
**Mr D F Hogarth** B Sc, Vice-President of the Baker Board of Management, was chairman of Directors of Kodak (Australasia) Pty. Ltd.



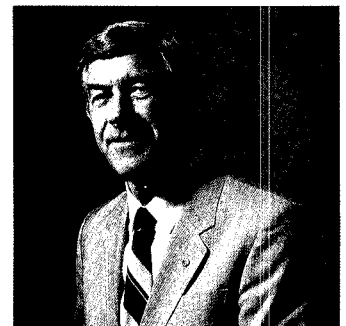
**Mr J R Barcham** Chair of the Baker Institute Development Committee, is a Company Director.



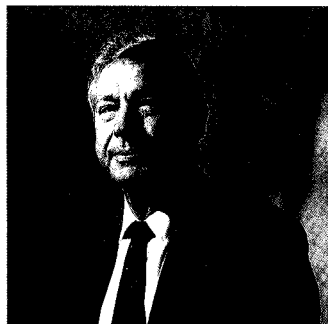
**Professor J W Funder** MD, PhD, FRACP, is Director of the Baker Medical Research Institute.



**Mrs F S Grimwade** OBE, B Sc, is Chair of Activities Committee.



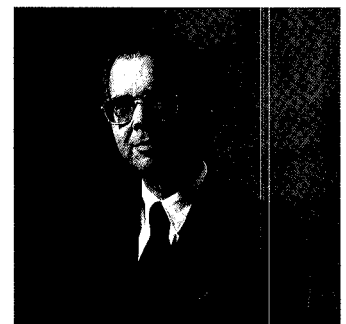
**Mr W G Philip**, AM, B Comm FCA, a former partner in Price Waterhouse, is currently Vice President of the Alfred Group of Hospitals and Director of several companies.



**Professor R Porter** B Med Sc, D Sc (Adel), MA, B Ch, DM (Oxon), FAA, FRACP, is Dean of the Faculty of Medicine, Monash University.



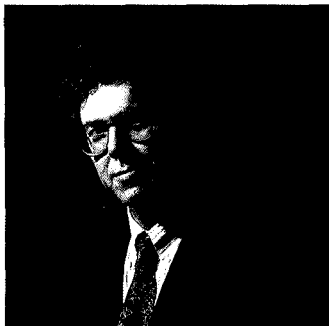
**Mrs M Ross**, SRN.



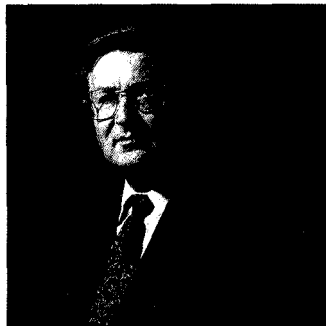
**Professor G B Ryan** MD, BS, PhD (Melb), FRCPA, FRACP, is Dean of the Faculty of Medicine, University of Melbourne.



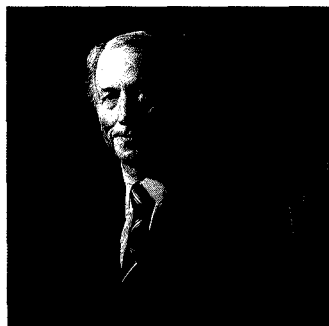
**Mr D Wittner** is Chairman and Managing Director, Wittners Australia Ltd. (Retired 14.4.91)



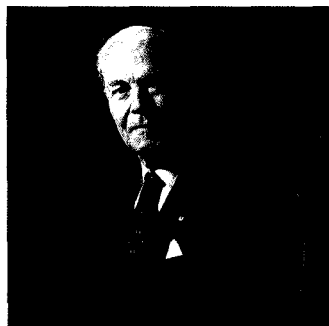
**Mr N O'Bryan** BA, LLB, BCL, is a Partner of Minter Ellison, Solicitors - corporate and securities law and Commissioner, Law Reform Commission of Victoria. (Appointed 1.1.92).



**Dr G P Johnston** is Deputy Managing Director and General Manager of Photographic Products Group, Kodak (Australasia) Pty. Ltd. (Appointed 15.4.91)



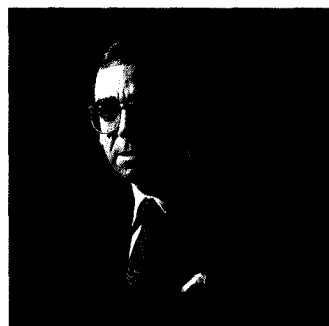
**Sir Lawrence Muir** VRD, LLB, FSIA, FAIM, is Patron of the Institute and former President of the Board of Management. He is a member of the Boards of a number of Australian and international companies.



**Mr J C Habersberger** AO, B Comm, is a Past President of the Institute and of Alfred Hospital. He was Joint Managing Director of Kodak (Australasia) Pty. Ltd. until his retirement in 1976.



**Mr W A Krickler** B Sc (Hons) (Syd), BE (Hons) (Syd), MBA (NSW), FIE (Aust), FAIM, FIDA, Secretary to the Board, is Chief Executive of the Alfred Group of Hospitals.



**Mr D J Butler** B Ec (Hons), FASA, CPA, Honorary Treasurer and Chairperson of Finance/Investment Subcommittee, is Group Executive, ANZ Banking Group.



**Dr J Loy** PhD, is First Assistant Secretary of the Health Advancement Division of the Department of Health, Housing and Community Services and Secretary of the National Health and Medical Research Council.

**NOT PHOTOGRAPHED**

**Mr W D McPherson** AO, AASA, was Director of BHP Ltd. and Tubemakers of Australia Ltd. He retired from the Board on December 31, 1991.

## **PRESIDENT'S REPORT**

This Annual Report is a special report for several important reasons. It covers the first complete reporting period of 12 months from January to December 1991 of the Baker while under the stewardship of Professor John Funder. Secondly, it is a report designed to be read and understood by the intelligent general reader as well as the expert scientist. And thirdly it demonstrates that our Director and his staff have maintained, with the very generous help of our many supporters, the high standard of excellence in scientific research we have achieved in the past.

Any changes which have been made during the period under review are superficial changes of style rather than of substance. Eighteen months ago the Baker comprised a team of dedicated investigators, working to understand cholesterol and blood pressure and heart attacks. Today the dedication is the same, the aims are the same; the team has a new coach, and some additional new players.

And the goal is the same. The goal is to understand how the cardiovascular system works in health, and how to minimize and, if possible, prevent cardiovascular disease. What is clear - then and now - is that it is only on the basis of a thorough knowledge of what is normal that we can hope to understand how things go wrong, and only when we have such an understanding can we hope to prevent and treat disease rationally and effectively.

The Annual General Meeting, to be held on April 13 1992, marks the end of my term as President and as a member of the Board of the Institute. To have served from 1977 first as a member of the Business Advisory Committee to the Trustees, then as a Trustee before incorporation of the Institute by Act of Parliament in 1980, and subsequently as a member of the Board, Vice-President and President - has been both an honour and a pleasure. The Presidency - as my successor Don Hogarth will find - is at times a not undemanding role; and for their support I would like to thank my wife Lorraine, Don, as Vice-President, and my fellow Board members and colleagues on various Baker subcommittees.

In particular, I pay tribute to Mr. David McPherson and Mr. David Wittner who retired during 1991 and to the other retiring Board members, Mrs. Joan Grimwade and Mr. Roy Barcham. Though their contributions as Board members will be sorely missed, they will continue their work for the Institute in other ways. I am confident that those who follow in their footsteps, including Dr. Gerry Johnston and Mr. Norman O'Bryan who were appointed last year, will provide the same wise counsel and support to Don Hogarth and John Funder. I am also confident that I am leaving the ship in very good hands, with an excellent crew, all ready and able for the continuing voyage of discovery that is medical research today.



John Moir, AM

President, Baker Medical Research Institute, 1987-1992



## **DIRECTOR'S REPORT**

At the outset, I would like to pay tribute to my predecessor as Director, Emeritus Professor Paul Korner. Paul is an outstanding cardiovascular scientist, who brought to the Baker a dedicated and talented team of younger colleagues. Through them, and with them, he created the Institute as we know it today, one of the key centres of cardiovascular research worldwide.

For three months of the 18 month period covered by this report Paul remained as Director; since then, he has commuted regularly from Sydney, and revelled in the chance to get back to science. Formally, his retirement was marked by a very successful Festschrift, organized mainly by Warwick Anderson, Jim Angus and Garry Jennings at which invited guests from overseas, interstate and locally made presentations. Informally, his retirement has been marked by a return to full-time research, freed from the shackles of administration. We look forward to a long and productive period of continuing collaboration.

At the end of October 1990 the Institute made a submission for Commonwealth funding for Capital Works, in response to an initiative announced in the Budget papers in August of the same year. A three stage development - new animal quarters, a tower block on the site of the present animal house, and refurbishment of the Western addition - was prepared in consultation with Stephenson and Turner, and in January 1991 Warwick Anderson and I took our case, and the scale model of the 'New' Baker, to Sydney for interview. It is with considerable pride and pleasure that I can announce that we have been awarded \$4 million over three years (of a sum sought of \$4.68 m), and that subsequently the Victorian Government has informed us of their intention to match these Commonwealth funds. The first tranche of funding is available in the 1992-3 financial year, meaning that development will be able to begin within the next six months.

At the same time as Paul Korner retired, Philip Barter accepted a Chair in Preventive Cardiology at the University of Wollongong, to be succeeded as Deputy Director by James Angus. Philip is an internationally acknowledged expert in the lipoprotein area; his appointment is testimony to his position in the field. The other departure of note was that of Julie Campbell, who accompanied her husband Gordon to a Chair of Anatomy in Queensland. Julie was an NHMRC Principal Research Fellow, the ranking woman research worker in the Institute, and an outstanding scientist; for all those attributes she has been, and will continue to be, sorely missed.

On the up side, however, are the recent arrivals. The first of the new brigade was Jerry Boublik in mid 1990, back from four years at the Salk Institute in San Diego, and now an R.D. Wright Fellow and Head of the Peptide Chemistry Laboratory. In January 1991

arrived Zig Krozowski and his Molecular Hypertension team, and Ian Smith and his Peptide Biology group. Dominic Autelitano (also an R.D. Wright Fellow), Karen Sheppard and Paul Komesaroff joined me in the Molecular Physiology Laboratory, and in October 1991 Michael Berndt arrived as a Principal Research Fellow and Head of the Vascular Biology Laboratory. Michael was a Wellcome Senior Research Fellow in Sydney until a year ago, and won the R.T. Hall prize for Cardiology in 1991. We are enormously pleased at having convinced him to move south, weather notwithstanding: Sydney's loss is Melbourne's, and more particularly the Baker's, gain.

In August 1991 the Institute Appointments and Promotions Committee met, and appointed Robyn Woods and Ian Smith Research Fellows, Zig Krozowski Senior Research Fellow, and Michael Berndt Principal Research Fellow. In addition, the committee promoted Murray Esler to Senior Principal Research Fellow, the equivalent of a Personal Chair in the NHMRC system. Murray has a truly outstanding record of contribution in that most difficult of areas, basic research in healthy human beings: testimony to his success is his being awarded both the Susman Medal of the College of Physicians, and the Wellcome Australia Medal, over the last decade.

While research clearly needs people of this calibre, the people need money to do their research. In 1991 the Baker received - and spent - \$7.5 m of your money, private and public. For the first time, the contribution from the Baker Benefaction topped \$1 m, reflecting an additional special grant of \$100,000 to establish the incoming Director's laboratory. Glaxo Australia continued to support the Pharmacology Laboratory, for investigator-initiated, curiosity-driven research. The Victorian Government allocated \$637,000 for the calendar year, and the Commonwealth Government \$2.7 m total funding from the NHMRC. Additional funding came from contract research, from agencies such as the National Heart Foundation and the Victorian Health Promotion Foundation, from the Alfred Hospital Research Fund, Servier Laboratories, and from a series of very generous private and corporate donors.

For 1992 the picture does not seem as rosy. Academic salaries have had a long overdue increase; the increase is recoverable for those paid by NHMRC, but not from elsewhere. The demands on various trusts and benefactions have skyrocketed, and their income is down reflecting lower interest and dividend rates. Private and corporate support has held up relatively well - but not increased in line with outgoings. Finally, the National Heart Foundation has just announced across the board reductions of 10-15% in funds previously committed for 1992-94.

The latter part of 1991 has been largely occupied in preparing for our quinquennial review, to take place in the first half of 1992. As part of this process we will be seeking to have more of our current 'soft-money' scientific positions supported by NHMRC from 1993 onwards. So while 1992 may be a year of restraint and belt-tightening, 1993 may represent the light at the end of the tunnel.

One of the unique features of the Baker is the existence of the Alfred-Baker Medical Unit, the each-way conduit between the benchtop and the bedside. Proof of the closeness of the interaction is that Garry Jennings, Director of the ABMU, and Alex Bobik (Associate Director, Laboratories, ABMU) constitute the executive of the Baker with Jim Angus, Warwick Anderson (Associate Director, Baker Institute) and myself. For their work and support over the past eighteen months I, as a new Director, owe them a special vote of thanks. To the Board of the Baker, who give so generously of their time and expertise, and to all the people who work at the Baker - scientific and administrative, medical and support staff - the community as a whole owes a particular vote of thanks. They are people who work with immense dedication for the benefit of us all.

A handwritten signature in black ink, reading "John Funder". The signature is written in a cursive, flowing style with a large initial 'J'.

John W. Funder  
Director, B.M.R.I.

## LABORATORY REPORT

### THE SYSTEM

When we think about the heart and blood vessels, we think of pumps and pipes. The blood vessels carry oxygen and nutrients to the tissues, and take carbon dioxide and waste products away; and the heart is the pump that keeps the whole thing moving.

So if the pump keeps pumping, and the pipes stay open, everything should be right, OK? In one sense yes is the answer: if the pump stops, or the pipes are blocked, the body cannot continue to function: this is how people die, of heart attacks or strokes.

In another sense, the answer is clearly no. The pump and pipes are not static, running at a fixed level, but change in response to exercise or cold: how? We are not born with an adult pump and set of pipes, but as we grow older they develop and continually remodel: how? The pipes carry blood, which is not only thicker than water, but has cells and salts and clotting factors, all of which affect the way it works: how?

These are three questions: there are dozens more. What they show is in some small part the complexity of the cardiovascular system in health - and the parallel complexity of what can go wrong in disease.

### COMMUNICATIONS

Complex systems need communication systems if they are going to work. Think of your very first clockwork train; round and round it went, same speed, same direction, until it stopped - and that was that. Now think of a real railway system, with its array of signals and points and controls. Without communications it would never work - and even the best communications are no guarantee that it will always work absolutely perfectly forever.

The scientists and doctors who work on the cardiovascular system at the Baker are largely communication biologists. They would normally think of themselves as cardiologists, or pharmacologists, or physiologists, or biochemists; but almost to a person they work on the complex system of signals (and the signal-receiving mechanisms, or 'receptors') that make the cardiovascular system the dynamic, flexible, responsive system that it is.

### THE BRAIN

In one sense, it makes sense to start with the head. Geoff Head took over the Neuropharmacology Laboratory upon Paul Korner's retirement as Director of the Baker. We think of the brain and nervous system primarily in terms of thinking, and sensation, and movement - but it's also very much involved in control of the cardiovascular system. What Geoff and his team do is to study the connections between various cells in the hindbrain, just above where the spinal cord begins, that are known to be involved in blood pressure control.

### NEUROTRANSMITTERS

One of the fascinating things about the body is the way certain signals - for example, peptides (small proteins) like angiotensin and vasopressin - can raise blood pressure in different ways. Both act as neurotransmitters (signals between nerve cells) in the hindbrain, activating nerves that run down from the brain to cause blood vessels to

WHEN TONY PETROU FIRST CAME TO THE  
BAKER RISK REDUCTION CLINIC HIS BLOOD  
PRESSURE WAS CLEARLY TOO HIGH, AND HIS  
CHOLESTEROL TOWARDS THE UPPER LIMIT OF



NORMAL. OVER THE NEXT YEAR, HE CHANGED  
HIS DIET AND STARTED A REGULAR EXERCISE  
PROGRAM. HIS WEIGHT HASN'T CHANGED, BUT  
HIS BLOOD PRESSURE HAS FALLEN NICELY,  
AND HIS OVERALL RISK OF A CORONARY IS  
NOW JUST HALF WHAT IT WAS A YEAR BEFORE.

constrict; both also work as hormones, circulating in the blood, acting directly on the blood vessel wall and similarly causing it to contract. The neuropharmacology laboratory explores how these nerve cells in the hindbrain talk to one another, and the ways in which various drugs can mimic or interrupt this communication.

#### **EXERCISE**

In addition, they look at the other side of the coin - for example, how having high blood pressure affects the nerves involved in the reflex control of blood pressure. If we did a lot of stationary bicycling in an Army greatcoat, we might call it a reflex to turn down the central heating. In fact, it's obviously a conscious decision - but the feedback loop principle is the same. And in the Alfred Baker Medical Unit - of which more later - we actually use stationary bicycles to test how people with heart disease perform in response to the demands of exercise.

#### **BACK TO THE BRAIN**

Another group within the Institute concerned with the brain and blood pressure control is the Human Autonomic Function Laboratory, led by Murray Esler. Murray measures the spill over of the neurotransmitter noradrenaline and its by-products into the blood draining the brain via the jugular vein. By this technique, he has shown that patients with hypertension (high blood pressure) release abnormally high amounts of noradrenaline from the brain.

#### **STRESS**

He has also shown, by similar techniques, that certain stimuli (difficult mental arithmetic, cigarettes) but not others (coffee, strenuous exercise) cause a marked stimulation of the nerves to the heart. Since a burst of noradrenaline may trigger abnormal heart rhythms, this may indicate why postmen very rarely die of heart attacks, compared for instance with accountants.

#### **KIDNEYS**

But blood pressure is not only hearts and minds; the commonest curable form of hypertension is caused by a lowered blood supply to the kidney. The kidney is a powerful organ, and 'wins' in terms of blood pressure, by making sure that it gets enough blood even if the pressure elsewhere becomes dangerously high. Warwick Anderson in the Renal Physiology Laboratory has documented the changes in blood pressure and sodium and various hormones that follow experimental lowering of blood flow to the kidney. In other cases of hypertension, the kidney gets a normal amount of blood, but responds abnormally: Warwick has therefore also looked at how various hormones and local signals affect sodium retention by the kidney, in a cause-and-effect sense the other side of the mirror in terms of the kidney and blood pressure.

#### **NERVE ENDINGS**

So far we have talked about signals that make nerves fire off or blood vessels contract. What Sue Luff does, in the Electron Microscopy Laboratory, is to look at where the nerves end on the blood vessels, to try and puzzle out how the noradrenaline gets across the gap

TWO PEOPLE FROM DIFFERENT BACKGROUNDS WHO STARTED THEIR RESEARCH CAREERS AT THE BAKER INSTITUTE IN THE RENAL LABORATORY IN 1982 ARE ROBYN WOODS, ON THE LEFT AND DEBORAH RAMSAY. DEB IS A



HIGHLY EXPERIENCED AND SKILLED ANIMAL TECHNICIAN, WHO IS NOW THE OFFICER IN CHARGE OF THE BIOLOGICAL RESEARCH UNIT WHERE SHE SUPERVISES THE GROUP OF PEOPLE THAT LOOK AFTER OUR EXPERIMENTAL ANIMALS. ROBYN IS AN NHMRC RESEARCH FELLOW, A WHOLE ANIMAL PHYSIOLOGIST WHOSE CARDIOVASCULAR-RENAL RESEARCH INVOLVES DAILY CONTACT WITH THE ANIMAL CARE PEOPLE.

from the nerve to excite the muscle. Different arteries respond (by constricting or dilating) to different demands (for example, the rat tail artery to heat, and the arteries in the gastrointestinal tract to food), so that Sue looks at the neurovascular (nerves and blood vessels) architecture in various tissues, to work out the similarities and differences across different organs. Michael Lew, in the Pharmacology Laboratory, is asking a different but related question: how molecules arriving at the smooth muscle cell as hormones may have different access, and different effects, from the same molecules released from nerve endings.

#### **GROWTH**

But blood vessels do things other than just contract; for example, they grow. When Rod Dilley, from the Morphology Laboratory, looks at small arteries under the light microscope, he finds that those from genetically hypertensive rats are thicker, more muscle-bound, than those from normal rats - even before their blood pressure goes up. It's easy to imagine how the blood vessel wall might hypertrophy (get thicker) in response to high blood pressure, just like your biceps and triceps get bigger in response to exercise; but in this instance the hypertrophy precedes rather than follows the elevation in blood pressure.

#### **GENES**

How can this be? In studies on similarly genetically hypertensive rats, Alex Bobik from the Biochemical Pharmacology Laboratory has shown that there are very marked differences in the growth responses to TGF1 $\beta$  (Transforming Growth Factor 1 $\beta$ ) between heart and vascular smooth muscle cells from normal rats and those with high blood pressure. TGF1 $\beta$  is not a hormone (released into the bloodstream) or a neurotransmitter (released from nerves); it's a local signal, carrying information from one cell to its neighbours, and responsible (with a whole host of other factors) for coordination in growth and development of various tissues.

#### **RECEPTORS**

Whatever the response - making a nerve fire off, causing a blood vessel to constrict, inducing neighbouring cells to grow - the message has to be received; for each signal there has to be a receptor. Work on receptors within the Institute essentially covers the waterfront. There are laboratories which study receptors for neurotransmitters, for peptide hormones, for steroid (cholesterol derived) hormones, for locally acting control factors, for lipid (fat) particles in the blood, and even for whole cells.

#### **PHARMACOLOGY**

The Pharmacology Laboratory, under the direction of James Angus, is involved in a number of areas. Among these are a series of studies on receptors for neurotransmitters like noradrenaline, acetylcholine and serotonin. As a pharmacology laboratory, the group are particularly interested in drugs that can bind to these various receptors, and either activate or block them. Recently, for example, the laboratory has done a lot of work on the



CHOLESTEROL IS REMOVED FROM THE BODY BY 'RECEPTORS', WHICH PICK UP THE CIRCULATING LIPID DROPLETS AND TRANSFER THEM INSIDE THE CELLS OF THE BODY, LIKE THE HOISTS THAT



LIFT SAILING BOATS OUT OF THE WATER, THE ANALOGY IS APT FOR ROBERT DEBENHAM, A YACHTSMAN AND A LONG-TIME INSTITUTE PATIENT. HE HAS HETEROZYGOUS FAMILIAL HYPERCHOLESTEROLAEMIA, BECAUSE HE MAKES ONLY HALF THE NUMBER OF RECEPTORS FOR CHOLESTEROL WHICH THUS RISES TO HIGH LEVELS IN HIS BLOOD.

serotonin blocker Sumatriptan, which has revolutionised the treatment of migraine. Migraine is not 'just a headache', but a constellation of signs and symptoms following inappropriate dilatation (the opposite of constriction) of blood vessels to the brain - so it's an entirely logical and appropriate area for cardiovascular pharmacologists to find themselves in.

#### **STEROIDS**

In the Molecular Physiology Laboratory, the focus is on receptors for steroid hormones. Steroids are not just the pill, or Ben Johnson; those of particular concern to the Institute come from the adrenal gland, and are concerned with salt retention (aldosterone: mineralocorticoid) and stress (cortisol: glucocorticoid). Dominic Autelitano and Karen Sheppard work on the pituitary gland, to see what other signals from inside the cell affect glucocorticoid receptors, in addition to cortisol itself.

#### **SALT AND WATER**

Paul Komesaroff, in the same laboratory, has cloned and sequenced the mineralocorticoid receptor from the first patient in the world with pseudohypoaldosteronism, PHA for short. People with PHA, as the name implies, seem to be low on aldosterone, and thus lose salt and water. The real problem, however, is not in the signal, but a defective receptor, so that they cannot maintain their blood volume even with very high levels of aldosterone.

#### **LIPIDS**

The neurotransmitters and steroid hormones are relatively small molecules, and their receptors have been more or less identified. High density lipoprotein (HDL), on the other hand, is a very complicated thing; a core of lipid (fat), including cholesterol and triglycerides, surrounded by a coating of protein. Think of a Jaffa, where the chocolate represents the lipid (which it is, close enough), and the orange casing the protein (which it isn't: it's actually largely sugar).

#### **LIPOPROTEINS**

HDL is a 'good' lipid in terms of risk of heart attacks, and low density lipoprotein (LDL) is 'bad', at least in terms of large population studies. LDL is low density because it is bigger - the same sort of thickness of protein coat around much more lipid; imagine a Jaffa as big as a golf ball. Ten years ago, the receptors for LDL were isolated, purified and cloned in Dallas - an achievement recognized by a subsequent Nobel prize.

#### **LIPOPROTEIN RECEPTORS**

For some years, there was doubt whether HDL had a similar, particular receptor. From the work done by Noel Fidge in the Lipoprotein and Atherosclerosis Laboratories it is clear that there is an HDL receptor. Noel and Alana Mitchell have purified a part of the receptor, two distinct peptides, as stage one in a long term study on what the HDL receptor is, and how it operates in the protective effect of high HDL levels in blood.

Even if LDL and HDL particles are hundreds of times bigger than neurotransmitters or steroids, they are small beer when compared with cells. Michael Berndt, of the Vascular

LIZ DEWAR IS A CARDIAC TECHNOLOGIST IN THE ALFRED BAKER MEDICAL UNIT, AND TAKES PATIENTS (AND NORMAL VOLUNTEERS: IT'S IMPORTANT TO HAVE NORMAL, BASELINE DATA)



THROUGH THEIR ECHOCARDIOGRAMS AND 24-HOUR BLOOD PRESSURE MONITORING AND TREADMILL TESTS. LIZ HERSELF HAS AN ALMOST INEXHAUSTIBLE TOLERANCE FOR EXERCISE - RUNNING, AEROBICS AND SWIMMING...TO THE EXTENT THAT IN 1991 SHE WON THE NATIONAL HEART FOUNDATION'S ONE HOUR DISTANCE SWIM FOR WOMEN.

Biology Laboratory, studies how one cell recognises and attaches to another. A bit basic, you might say, and a fair distance from pumps and pipes: it might come as a surprise, then, that Michael won the R.T. Hall prize for Cardiology in 1991.

#### **BLOOD CLOTS**

What Michael studies is the receptors through which platelets bind to the cells lining blood vessels. Platelets are the circulating Kamikaze cells involved in blood clotting - physiologically, when we cut ourselves, and pathologically, when a clot forms over an area of atheroma in one of the coronary arteries supplying the heart muscle.

So it is cardiovascular; but Michael also studies how white blood cells bind to the cells lining blood vessels, which has to do with inflammation and possibly how cancer cells spread via the blood. Like Jim Angus and migraine, there's nothing that's just cardiovascular; in 1992 biology really is becoming a seamless garment, and medicine has the chance of being truly holistic.

#### **ENZYMES**

So far we have talked about signals and receptors, molecules and particles and cells. In terms of these sorts of communication systems there are two other areas we need to address. One is enzymes, and the way in which they can modify signals between the time they are released and their site of action. The other is what happens after a signal has bound to a receptor, after the key has gone into the lock.

#### **DIAGNOSIS**

Enzymes make things go much faster - in digestion, in washing powders, whatever. They can help break down large molecules into their constituent parts, or make complex molecules out of simple building blocks. After a heart attack the dead cells release their content of intracellular enzymes into the blood, where they can be measured, one of the ways of distinguishing a heart attack (myocardial infarct, coronary occlusion) from angina.

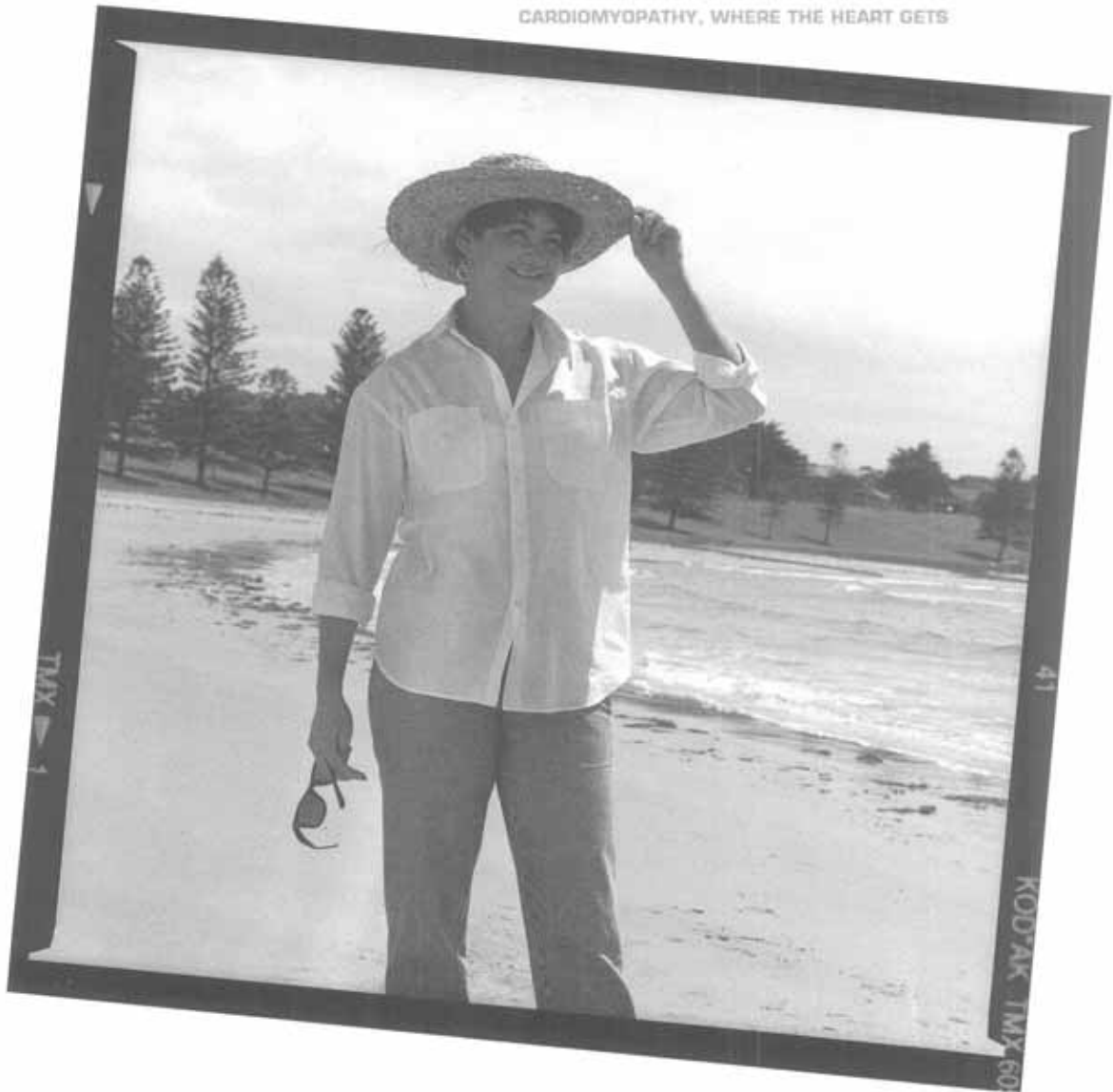
#### **TREATMENT**

Enzymes are also involved in treatment; for example, currently probably the most effective treatment of high blood pressure involves taking ACE (for angiotensin converting enzyme) inhibitors. Angiotensin is made by a series of enzymatic cleavages from a circulating protein secreted into the blood from the liver. Alex Bobik and Jane Black have shown that it not only makes smooth muscle cells contract, but long-term it makes them grow. The final step in getting the active signal is to clip off the last two amino acids of the inactive immediate precursor, which gives a peptide that constricts blood vessels and raises blood pressure. This is the step that ACE inhibitors block - so enzymes are important in cardiovascular medicine, as well as signals and receptors.

#### **ATHEROSCLEROSIS**

Like receptors, enzymes are the focus of attention for a number of groups at the Institute. In the Molecular Biology Laboratory, Alena Mitchell and her colleagues have cloned the enzyme hepatic lipase from rabbit liver. Rabbits fed the right (or rather, the wrong) diet are very prone to atherosclerosis, like humans; rats are not. Rabbit hepatic

SHARON MCCOURT LIVES AT TORQUAY, BUT  
HER HEART IS IN BICYCLING ALL OVER THE  
BELLARINE PENINSULA. SHARON HAD A HEART  
TRANSPLANT 16 MONTHS AGO, FOR A  
HEREDITARY CONDITION CALLED  
HYPERTROPHIC OBSTRUCTIVE  
CARDIOMYOPATHY, WHERE THE HEART GETS



MORE AND MORE STRAINED TRYING TO PUMP  
THE BLOOD. HER STORY SHOWS WHAT CAN BE  
DONE - LOTS OF EXERCISE, A NORMAL  
LIFESTYLE - AND YOU DON'T HAVE TO LIVE ON  
THE HOSPITAL'S DOORSTEP.

lipase activity is only a tenth that in the rat, suggesting that what the enzyme does may be very good news in terms of atherosclerosis. Now that the enzyme is cloned, Alana can study what turns it on and off - and thus how it may protect us, and not just rats, from the sort of food we eat.

#### **HYPERTENSION**

Atherosclerosis is one thing, and high blood pressure another. Taking their lead from a very lethal (and mercifully very rare) form of hypertension, Zig Krozowski and his team in the Molecular Hypertension Laboratory are cloning and studying the family of enzymes - 11beta hydroxysteroid dehydrogenases, or 11HSD for short - which keep glucocorticoids out of receptors in certain tissues. In patients lacking the enzyme, glucocorticoids inappropriately activate mineralocorticoid (salt-retaining) receptors, so that the patients commonly die of malignant hypertension as teenagers. What we don't know is the role that the enzyme plays in the normal control of blood pressure, and 'ordinary' hypertension; and the sorts of studies Zig is doing (and some of those done by the Director) may provide answers to these questions.

#### **HORMONES**

In the Peptide Biology Laboratory, Ian Smith and his coworkers are asking even more basic questions. The heart has very high levels of an enzyme which amidates peptides, but no known amidated peptides. Amidation makes peptides very resistant to further enzymatic degradation, and many peptide hormones are amidated so that they are not immediately chewed up by enzymes in the blood. The question is obvious: is the heart making an amidated peptide hormone for release into the blood?

#### **HEART HORMONES**

You may not think of the heart as an 'endocrine' organ, like the thyroid gland or the pancreas, since it was only ten years ago that the first 'heart hormone' was described (atrial natriuretic peptide, or ANP). Robyn Woods, in the Circulatory Control Laboratory, has shown ANP to have previously unexpected actions, including constriction of the blood vessels supplying the intestines. Robyn has done her studies *in vivo*, whereas the previous received wisdom was from *in vitro* ('in glass', or test-tube) studies. What she has found underlines the importance of doing things both ways - of which, more later.

#### **LOCAL COMMUNICATION**

Another new signal is nitric oxide. Not nitrous oxide (laughing gas), or nitric acid, but a single atom of nitrogen and a single atom of oxygen, written NO; yes, NO. Over ten years ago Tom Cocks and Jim Angus provided the first convincing evidence for a factor which relaxed vascular smooth muscle, and which came from the endothelial cells lining blood vessels, separating the blood itself from the vascular smooth muscle. Subsequently this has been shown to be NO, and Tom and his group are hard at work blocking the enzyme that makes NO from the amino acid arginine (enzymes, again), and testing the effects on how different blood vessels react.

JIM ANGUS, ON THE RIGHT, IS THE DEPUTY DIRECTOR OF THE BAKER, CHAIRMAN OF THE NHMRC GRANTS COMMITTEE, AND AN OUTSTANDING PHARMACOLOGIST. MURRAY ESLER IS DEPUTY DIRECTOR (HYPERTENSION) OF THE ALFRED BAKER MEDICAL UNIT, A SENIOR



PRINCIPAL RESEARCH FELLOW OF NHMRC, AND WINNER OF THE SUSMAN AND WELLCOME AWARDS FOR MEDICAL RESEARCH. BOTH ARE, IN THEIR 'SPARE' TIME, KEEN FISHERMEN; YOU CAN DO RESEARCH TWELVE HOURS A DAY, FIVE DAYS A WEEK, WITH A LOT OF READING AND WRITING OVER WEEKENDS - BUT SOMETIMES, WHEN THE SNAPPER ARE RUNNING, AN UNDERSTANDING FAMILY WILL FORGIVE YOUR GETTING HOME EVEN LATER THAN USUAL.

Hormones like ANP, or neurotransmitters, or local signals like NO occupy a receptor in their target cells, like a key fitting into a lock. Normally, when we put a key into a lock, nothing happens; we have to turn it, and then things start to move inside the lock, catches come loose, doors open. Elizabeth Woodcock, in the Cellular Biochemistry Laboratory, studies signal transduction, the ways in which the receptors on the surface of the cell communicate with the rest of the cell to pass on the message from signal to the cell.

#### **DOWN THE LINE**

The same signal may have different messages for different cells - grow, contract, secrete, whatever; are the same intracellular 'second messengers' involved? The same signal may have different messages for the same cell; how are these second messages distinguished? So Liz compares heart cells and blood vessel cells and cells from the adrenal gland, and measures what seems to be an ever-growing complexity of intracellular signals under various conditions - because if we don't know what makes it work normally, we've got no baseline against which to assess the abnormal states we find in disease.

#### **CHANNELS AND IONS**

One of the things that happens as a result of 'second messenger' action is that cells change - they grow, they contract, they secrete. These are often major changes, needing orders to be heard throughout the cell, and close coordination of a number of cellular processes. To get something like this going, cells rely on differences in concentrations of various common ions - sodium, chloride, calcium - between inside and outside the cell. When things are quiet, the concentration gradients are established; when the signal comes and binds to its receptor, one of the things second messengers commonly do is to open up channels in the cell membrane - and sodium floods in, or potassium drains out, and so on, depending on the particular channel activated.

#### **CONOTOXIN**

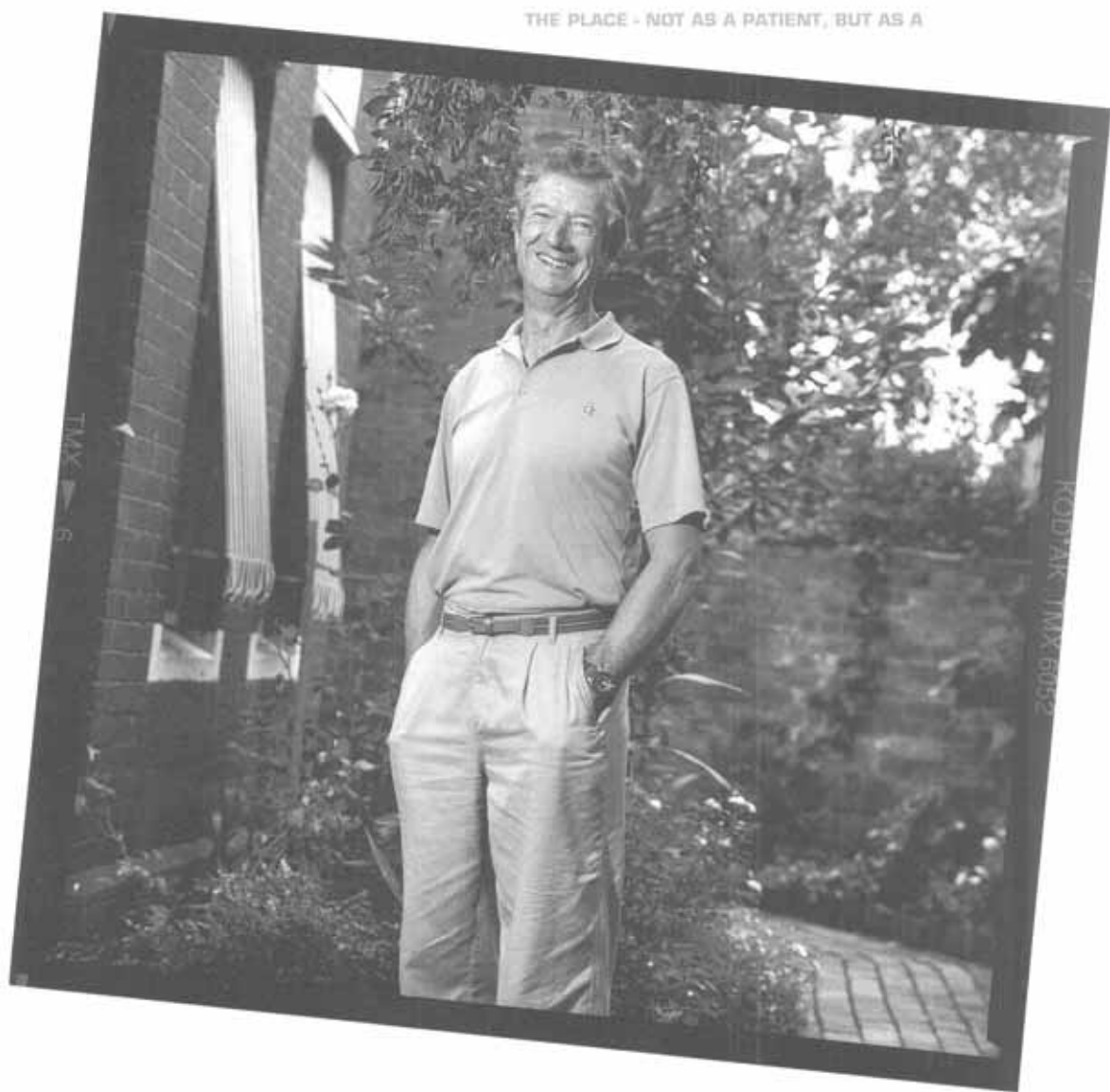
Grant McPherson and his team in the Pharmacology Laboratory study these 'ion channels'; they plug them up in various ways, and work out whether they can affect responses in one tissue (e.g. blood vessels, to lower blood pressure) without getting dangerous side effects by blocking the same channels in other tissues. Although Jerry Boublik's main activity in the Peptide Chemistry Laboratory is on neuropeptide Y, a physiological peptide with marked effects on blood pressure, he is also making a series of analogues of conotoxin, made by the fish-eating sea snail to paralyze its prey. Conotoxin blocks calcium channels; Christine Wright and Jim Angus have shown that conotoxin lowers blood pressure in rabbits, and we are all looking forward to the experiments with the custom-altered analogues, to see whether they have increased potency with even lower side effects.

#### **BENCHTOP TO BEDSIDE**

Side effects sounds very clinical, and indeed it is. The process of discovery is important in itself, of knitting up the different and often divergent strands, of finding out



MAX THATCHER HAS HAD A LONG INVOLVEMENT WITH THE BAKER. INITIALLY HE WAS SEEN IN THE CLINIC FOR HIS HIGH BLOOD PRESSURE, WHICH IS NOW WELL UNDER CONTROL. SUBSEQUENTLY, MAX HAS BEEN IN AND OUT OF THE PLACE - NOT AS A PATIENT, BUT AS A



VOLUNTEER - FIRST FOR A STUDY ON THE BENEFICIAL EFFECTS OF SALT RESTRICTION AND EXERCISE IN TERMS OF BLOOD PRESSURE, AND MORE RECENTLY IN MORE COMPLICATED STUDIES ON HOW WE REGULATE BLOOD PRESSURE. GOOD RESEARCH NEEDS TO BE DONE ON CELLS AND RATS AND HUMANS: AND ALL OF US OWE A DEBT OF GRATITUDE TO MAX AND HIS FELLOW VOLUNTEERS, FOR WHAT THEY ARE DOING FOR THE WIDER COMMUNITY.

how things actually are. For most of these studies we study cells and tissues from rats and rabbits, although some baseline physiological studies (like many of those Murray Esler does) use normal human subjects (volunteers, of course). What makes the Baker special, however, is the way in which these baseline or basic studies can be applied to the clinical situation, thanks to the Alfred-Baker Medical Unit. Conversely, the ABMU can help focus the bench-top investigators on real clinical puzzles, or seek their assistance in solving clinical problems.

#### **POPULATION STUDIES**

For example, as a complement to the basic work on HDL receptors and hepatic lipase done by Noel Fidge and Alana Mitchell, Garry Jennings and Tony Dart study human populations. They check their diet, measure their cardiac function and analyze their blood, to try and establish additional 'indicators' for heart disease; currently, we know probably just over half of the 'risk factors' (smoking, cholesterol, etc). The Baker is recognized by the WHO as Australia's first WHO Collaborating Centre for Research and Training in Cardiovascular Diseases, acknowledgement of the role the ABMU plays in training young medical registrars as well as its research contributions. It is also supported by the Victorian Health Promotion Foundation, and the Australian Better Health Program, for some of its community studies.

#### **SURGERY**

A final example of research at the interface between the laboratory and the clinic is the sort of investigation Frank Rosenfeldt does in the Cardiac Surgery Research Laboratory. He has worked out, using animal hearts, a much better way of preserving hearts for transplants. Result: more flexibility, better recovery of function and lower costs for heart transplants. Frank reported that the veins used for bypass surgery often spasm: Jim Angus came up with an anti-spasm cocktail, which Frank tested successfully in the laboratory, and which is now in routine use in the human coronary artery graft surgery program.

#### **THE BAKER**

Put it all together, and what have we got? To someone outside medicine or medical research, the Baker is probably a bewildering kaleidoscope of people, long words, excitement and equipment, activity and hope. The present brief account may have generated rather than dispelled such a kaleidoscopic picture; if this is the case, apologies are due to readers and research workers alike - and we have covered a tiny fraction of what the various laboratories do. Other research workers can appreciate the breadth and extent of the ongoing studies by a glance at the Institute publication list on pages 29 to 33. For our general readers, it is our hope that this very brief account of what we do may serve as an introduction to why we do it, and what we hope to achieve - for ourselves as scientists and doctors, and for the wider community that supports the research we do.

JO CHALLENOR IS ON THE THRESHOLD OF HER CAREER IN MEDICAL RESEARCH. IN 1990, SHE WAS JUDGED TOP STUDENT IN PHARMACOLOGY



AT MONASH, AND IN 1991 TOP HONOURS YEAR STUDENT IN THE SCIENCE AND MEDICAL FACULTIES. JO SPENT 1991 IN GRANT MCPHERSON'S LABORATORY WORKING ON THE CHANNELS IN SMOOTH MUSCLE CELL MEMBRANES AND THE WAY THESE CHANNELS AFFECT BLOOD PRESSURE, AND THIS YEAR SHE STARTS HER PH.D. IF WE ARE EVER GOING TO BE A CLEVER COUNTRY, WE NEED PEOPLE LIKE JO.

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**Dr Daine Alcorn** Ph D

**Dr Gordon Campbell** Ph D

**Dr Don Jefferys** Ph D

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**BAKER MEDICAL RESEARCH INSTITUTE**  
**CONSOLIDATED INCOME AND EXPENDITURE STATEMENT**

YEAR ENDED 31 DECEMBER 1991

		1991 \$	1990 \$
INCOME	NOTES		
Government and statutory bodies	3	4,157,870	3,789,164
Baker Benefactions		1,021,340	926,404
Alfred Hospital		168,312	202,779
Donations, Corporate & Private Support		1,800,401	2,009,461
Investment income		426,672	560,798
Clinical services		195,243	130,385
General income		24,113	303,257
<b>Total Income</b>		<b>7,793,951</b>	<b>7,922,248</b>
EXPENDITURE			
Salaries and wages		4,849,640	4,059,486
Consumable supplies		1,302,109	1,127,592
Scientific equipment		376,181	277,769
Laboratory support costs		703,145	693,878
Administration and general overheads		411,169	652,960
Public relations/fundraising		70,729	146,923
<b>Total Expenditure</b>		<b>7,712,973</b>	<b>6,958,608</b>
<b>Surplus</b>	5	<b>80,978</b>	<b>963,640</b>

The accompanying notes form an integral part of these accounts

**BAKER MEDICAL RESEARCH INSTITUTE**

**CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 1991**

		1991 \$	1990 \$
<b>CURRENT ASSETS</b>			
	NOTES		
Cash at bank and in hand		91,063	182,307
Debtors		192,328	165,849
Prepayments		68,564	-
Investments (at cost)	6(a)	2,507,915	2,265,898
<b>Total current Assets</b>		<b>2,859,870</b>	<b>2,614,054</b>
 <b>NON CURRENT ASSETS</b>			
Investments (at cost)	6(b)	1,787,301	1,047,620
<b>Total non-current assets</b>		<b>1,787,301</b>	<b>1,047,620</b>
<b>Total Assets</b>		<b>4,647,171</b>	<b>3,661,674</b>
 <b>CURRENT LIABILITIES</b>			
Creditors		326,417	83,405
Prepaid income		693,405	-
<b>Total current liabilities</b>		<b>1,019,822</b>	<b>83,405</b>
 <b>NON CURRENT LIABILITIES</b>			
Provisions	7	737,861	769,759
<b>Total non-current liabilities</b>		<b>737,861</b>	<b>769,759</b>
<b>Total liabilities</b>		<b>1,757,683</b>	<b>853,164</b>
<b>Net Assets</b>		<b>2,889,488</b>	<b>2,808,510</b>
 <b>FUNDS</b>			
Accumulated Funds			
Operating fund		(1,171,721)	(1,202,237)
Capital fund		2,288,749	2,088,240
Specific purpose funds	4	1,772,460	1,922,507
	5	<b>2,889,488</b>	<b>2,808,510</b>

The accompanying notes form an integral part of these accounts

**BAKER MEDICAL RESEARCH INSTITUTE**  
**NOTES TO AND FORMING PART OF THE ACCOUNTS**

1. INCORPORATION

The Thomas Baker, Alice Baker and Eleanor Shaw Medical Research Institute was incorporated as the 'Baker Medical Research Institute' ("the Institute") under the Baker Medical Research Act 1980.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Set out hereunder are the significant accounting policies adopted by the Institute in the preparation of its accounts for the year ended 31 December 1991. These policies have been consistently applied unless otherwise indicated. The accounts have been prepared using the historical cost convention and on a normal accrual basis.

(a) Institute Funds, Income and Expenditure

The work of the Institute is financed from grants, endowments, bequests, investment income and donations of both general and specific natures. Income of a specific nature is used in accordance with the terms of any relevant covenants. The amount of grants received for specific purposes during the year but unspent at year end, is carried forward to the next financial year.

The Institute's accounts have been prepared on a consolidated basis. The results of particular funds in relation to the consolidated surplus are set out in note 5.

(b) Fixed Assets and Depreciation

(i) Fixed assets are not shown in the accounts. Grants are provided or allocated for the purchase of items of equipment. It is Institute policy that all such capital expenditure is written off in the year of purchase through the income and expenditure account, consequently no depreciation is charged in the accounts. The amount written off in the year ended 31 December 1991 amounted to \$376,181.

To date the Institute has acquired and purchased out of grant income, assets which at balance date have an estimated cost of approximately \$3.9m. The building occupied by the Institute is not included as an asset as the Institute does not have title to the property. The estimated replacement cost of these assets and the building is \$16.8m.

(ii) The writing-off of assets in the year of purchase is contrary to generally acceptable accounting standards. The Board believes that the policy adopted is appropriate to a research institute where grants are provided or allocated for the purchase of assets.

(c) Stocks

Stocks of consumable scientific and administrative items purchased in the course of normal operations out of grant income are not taken into account at the balance date as assets but are written off at the time of purchase.

(d) Income Tax

The income of the institute is exempt from income tax pursuant to the provisions of section 23(e) of the Income Tax Assessment Act.

(e) Employee Entitlements

The Institute has fully provided for accrued annual leave for all staff employed as at 31 December 1991. Long service leave entitlements are provided for staff with ten or more years of service.

(f) Foreign Exchange Transactions

The Institute maintains bank accounts in the USA and UK for the purpose of receiving donations and for the purchase of equipment and supplies. Foreign currency at balance date is translated at exchange rates at balance date. Exchange gains and losses are brought to account in determining the surplus or deficit for the year.

(g) Comparative Figures

Where necessary comparative figures have been adjusted to conform with changes in presentation in the current year.

3. INCOME

Government and statutory bodies	1991 \$	1990 \$
National Health & Medical Research Council	2,795,267	2,364,118
Victorian State Government	640,060	706,740
National Heart Foundation	400,783	346,506
Victorian Health Promotion Foundation	321,760	371,800
	<b>4,157,870</b>	<b>3,789,164</b>

4. SPECIFIC PURPOSE FUNDS

Specific purpose funds comprise funds provided to the Institute for special purposes other than through normal fund raising activities. The funds are used in accordance with the wishes of the donors. Institute accounting records are kept as to identify expenditure charged against income from these funds. All such income and expenditure is incorporated in the consolidated Income and Expenditure Statement.

General Restricted Funds include major contributions from Glaxo Australia Pty. Ltd. and I.R.I. Servier & Compagnie - Developpement.

General Restricted Funds	1,186,785	1,349,979
Ethel Mary Baillieu Fund	134,180	131,810
Bertalli Family Research Fund	117,279	114,933
William Buckland Research Fund	41,418	39,888
Lang Research Scholarship Fund	105,357	103,249
Laura Nyulasy Scholarship Fund	4,108	2,892
Edgar Rouse Memorial Scholarship Fund	93,897	91,863
Ruby Wallace Travel Scholarship Fund	89,103	87,893
Integrity Trust	333	-
	<b>1,772,460</b>	<b>1,922,507</b>

5. FUND MOVEMENTS

	1991 \$	1990 \$
Balance at 1 January 1991	2,808,510	1,844,870
Surplus/(deficit) for year -		
operating fund	30,516	(28,818)
capital fund	200,509	218,627
specific purpose funds	(150,047)	773,831
<b>Balance at 31 December 1991</b>	<b>2,889,488</b>	<b>2,808,510</b>

6. INVESTMENTS (at cost)

(a) CURRENT

Short term deposits	2,507,915	2,265,898
	<u>2,507,915</u>	<u>2,265,898</u>

(b) NON CURRENT

Shares and debentures	1,511,914	440,594
Trust units	65,032	379,609
Government and semi-government stock	202,600	202,600
Mortgage loan	7,755	24,817
	<u>1,787,301</u>	<u>1,047,620</u>
	<b>4,295,216</b>	<b>3,313,518</b>

7. PROVISIONS

Employee entitlements:

Annual leave	230,425	210,003
Long service leave	216,944	269,264

Deferred maintenance

290,492	290,492
<u>737,861</u>	<u>769,759</u>

8. REMUNERATION OF BOARD MEMBERS

The Board Members of the Baker Medical Research Institute during the year were:

J.D. Moir	M. Ross	G.P. Johnston (appointed 15/4/91)
D.F. Hogarth	J. Loy	G.B. Ryan
R.J. Barcham	W.D. McPherson	D.J. Butler
J. Grimwade	W.G. Philip	W.A. Kricker
J.W. Funder	R. Porter	D. Wittner (resigned 15/4/91)

No Board Member has received or become entitled to receive a benefit other than the Director of the Institute, Professor J.W. Funder, who receives a salary.

9. SUPERANNUATION

The Institute operates a superannuation plan under which all employees are entitled to benefits on retirement, disability or death. Employees contribute to the plan at various percentages of their salaries. The Institute also contributes to the plan at rates related to employer contributions and pursuant to an award set down under a national wage case.



Funds are available to satisfy all benefits that have been vested under the plan in the event of termination of the plan or voluntary or compulsory termination of employment of each employee.

#### 10. CONTINGENT LIABILITY

A contingent liability exists where the Institute has indemnified a former employee in a libel action brought against him in circumstances where he was representing the Institute. The action is presently pending and it is the opinion of the solicitors of the Institute and the Board of Management that the result of this action cannot be assessed at this time.

#### 11. STATEMENT OF SOURCES AND APPLICATION OF FUNDS

	1991 \$	1990 \$
<b>SOURCES OF FUNDS</b>		
Funds from Operations		
Inflow of funds from Operations:		
Grant income	5,187,121	4,888,542
Interest	426,672	560,798
Other income	2,180,158	2,472,908
Outflow of funds to Operations	(7,744,871)	(6,958,608)
	<u>49,070</u>	<u>963,640</u>
Reduction in Assets		
Current Assets		
Cash	91,244	
Debtors	-	87,807
Non Current Assets		
Investments	-	3,735
Increase in Liabilities		
Creditors	243,012	-
Provisions	-	229,040
Prepaid income	693,405	-
	<u><b>1,076,741</b></u>	<u><b>1,284,222</b></u>
<b>APPLICATION OF FUNDS</b>		
Increase in Assets		
Current Assets		
Cash	-	326,837
Debtors	26,479	-
Prepayments	68,564	-
Investments	242,017	777,630
Non Current Assets		
Investments	739,681	-
Reduction in Liabilities		
Creditors	-	179,755
	<u><b>1,076,741</b></u>	<u><b>1,284,222</b></u>

**AUDITORS' REPORT TO THE BOARD OF MANAGEMENT**

**BAKER MEDICAL RESEARCH INSTITUTE**

We have audited the accounts set out on pages 34 to 39 in accordance with Australian Auditing Standards.

As indicated in note 2(b), it is the Institute's policy to write off all capital expenditure as incurred.

In our opinion, with the exception of the effect of the omission of these assets and the related depreciation charge, the attached accounts are drawn up so as to give a true and fair view of the accumulated funds of the Institute and the net assets representing those funds at 31st December 1991 and the movements in these funds for the year to 31st December 1991, and have been made out in accordance with Australian Accounting Standards applicable to non business entities.

Price Waterhouse

EA Alexander

A member of the firm  
Chartered Accountants.

Melbourne  
1st April, 1992

**BAKER MEDICAL RESEARCH INSTITUTE**

**STATEMENT BY BOARD MEMBERS**

In the opinion of the Board Members:

- (a) the accounts set out on pages 34 to 39 are drawn up so as to give a true and fair view of the state of the Institute's affairs as at 31st December, 1991 and of its results for the year ended on that date;
- (b) at the date of this statement there are reasonable grounds to believe that the Institute will be able to pay its debts as and when they fall due;
- (c) the accounts have been compiled in accordance with Australian Accounting Standards, except in relation to the treatment of capital expenditure and depreciation of scientific assets as set out in the notes to the accounts and referred to in the Report of the Auditors. Signed at Melbourne this 1st Day of April, 1992 in accordance with a resolution of the board.

John Moir  
President

John Funder  
Director

## MAJOR DONATIONS

*The Institute is grateful for major contributions to its work from:*

### MAJOR CORPORATE SUPPORTER

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### CONTRACT RESEARCH

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The William Angliss Charitable Fund  
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A special thanks must go to all our many other donors who, through their regular support, are equally important to the ultimate success of our research programme. They are too numerous to list here but their support has been essential in the pursuit of our goals.

## **ANNUAL DINNER**

The Institute is especially grateful to the Sponsors of the Baker Medical Research Institute Annual Dinner held in December 1991. They were:

Australia & New Zealand Banking Group Ltd  
Kodak (Australasia) Pty Ltd  
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Hyatt on Collins Hotel

Without their support and generosity this function could not have been held.

## EDGAR ROUSE MEMORIAL FUND 1991

*In memory of*

"Our Comrades"

"Loved Ones"

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The "Club of 1000" consists of leading companies, whose membership entitles them to nominate executives to be assessed and if necessary advised on Risk Reduction in the Institute's "Heart Risk Evaluation Clinic". They are kept informed on the progress of our research work on heart disease.

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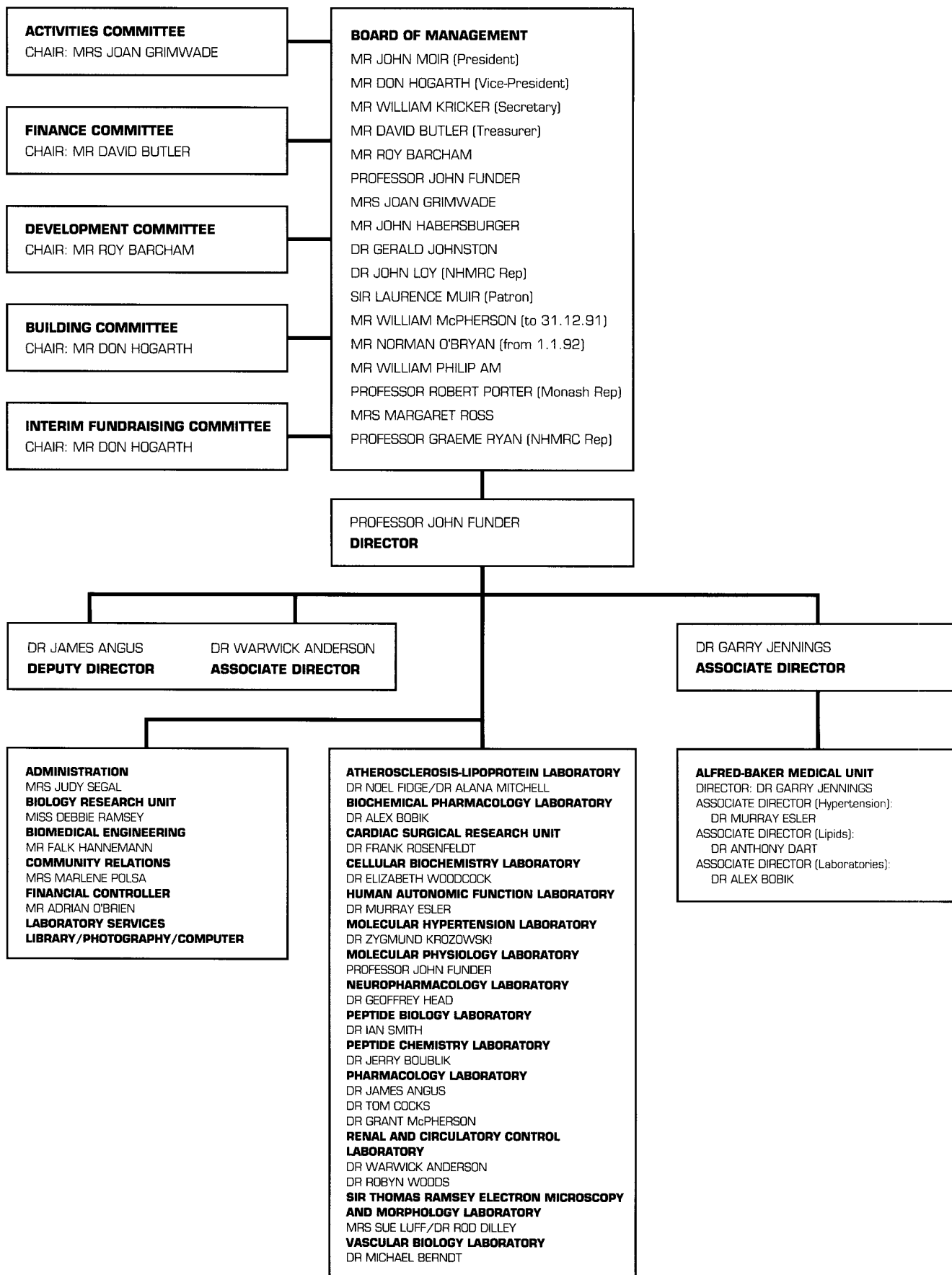
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**AUDITORS**

PRICE WATERHOUSE  
215 SPRING STREET, MELBOURNE, VIC 3000

**SOLICITORS**

BLAKE DAWSON WALDRON  
140 WILLIAMS STREET, MELBOURNE, VIC 3000

**ANNUAL GENERAL MEETING**

MONDAY 13th APRIL  
BAKER MEDICAL RESEARCH INSTITUTE  
5:00 PM

**BAKER MEDICAL RESEARCH INSTITUTE**

COMMERCIAL ROAD, PRAHRAN  
P.O. BOX 348, PRAHRAN, VICTORIA 3181 AUSTRALIA  
TELEPHONE (03) 522 4333  
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TELEX ALFHOSP AA 31371