



The Australian Diabetes, Obesity & Lifestyle Study

Good morning/afternoon/evening, my name is I am calling on behalf of the International Diabetes Institute for the Australian Diabetes, Obesity and Lifestyle Study. We recently left a letter with your household explaining the study. Have you or someone else in the home read it?

If respondent has not read the introductory letter, please hand them a copy - allow respondent time to read.

Use language card if appropriate.

As part of the study, could I please ask you, or someone else over the age of 18 some short questions about your household?

I would like to collect some basic information on each person in your house and then invite eligible people to take part in our study

Collector ID	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
State	<input type="checkbox"/>			
CD	<input type="checkbox"/>	<input type="checkbox"/>		
Street	<input type="checkbox"/>	<input type="checkbox"/>		
Dwelling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Household	<input type="checkbox"/>	<input type="checkbox"/>		

Address:
.....
Suburb: Post Code:
Further Identification: (use only if necessary)
.....
.....

If the need arises, may we telephone you?	Yes	<input type="checkbox"/>	Telephone number (A/H)
	No	<input type="checkbox"/>	 (B/H)
			 (Mob)

Household Interview In Confidence

	1st Call	2nd Call	3rd Call
Day/Date			
Time out			
Time in			
Office use			

Notes:
.....
.....
.....

Interviewer:

Questions 1-4 are to be completed by a person in the household over 18 years.

1. Household Members

Usual Residents (Persons who usually live in this household)

a. What are the names of ALL the people who USUALLY live at this address?

- Enter names and circle as usual resident (UR) for each person

Visitors (Persons who do not usually live in this household)

b. Is there anybody else who stays overnight at this address?

- Enter names and circle as visitor (Vis) for each person

2. What was..... age last birthday?

3. Has.....been staying at this address for at least 6 months?

4. Eligible residents

- Age \geq 25 years
- Staying at this address for at least 6 months
- Circle the appropriate response

Person No.	Q1				Q2	Q3		Q4	
	Name		Person Type		Age	At address for > 6 months		Eligibility	
	Last Name	First name	UR	Vis	Yrs	Yes	No	Yes	No
01			1	2		1	2	1	2
02			1	2		1	2	1	2
03			1	2		1	2	1	2
04			1	2		1	2	1	2
05			1	2		1	2	1	2
06			1	2		1	2	1	2
07			1	2		1	2	1	2
08			1	2		1	2	1	2
09			1	2		1	2	1	2
10			1	2		1	2	1	2
11			1	2		1	2	1	2
12			1	2		1	2	1	2

HOUSEHOLD TYPE

Interviewer to complete (Which of the following statements best describes this household?)

Check one

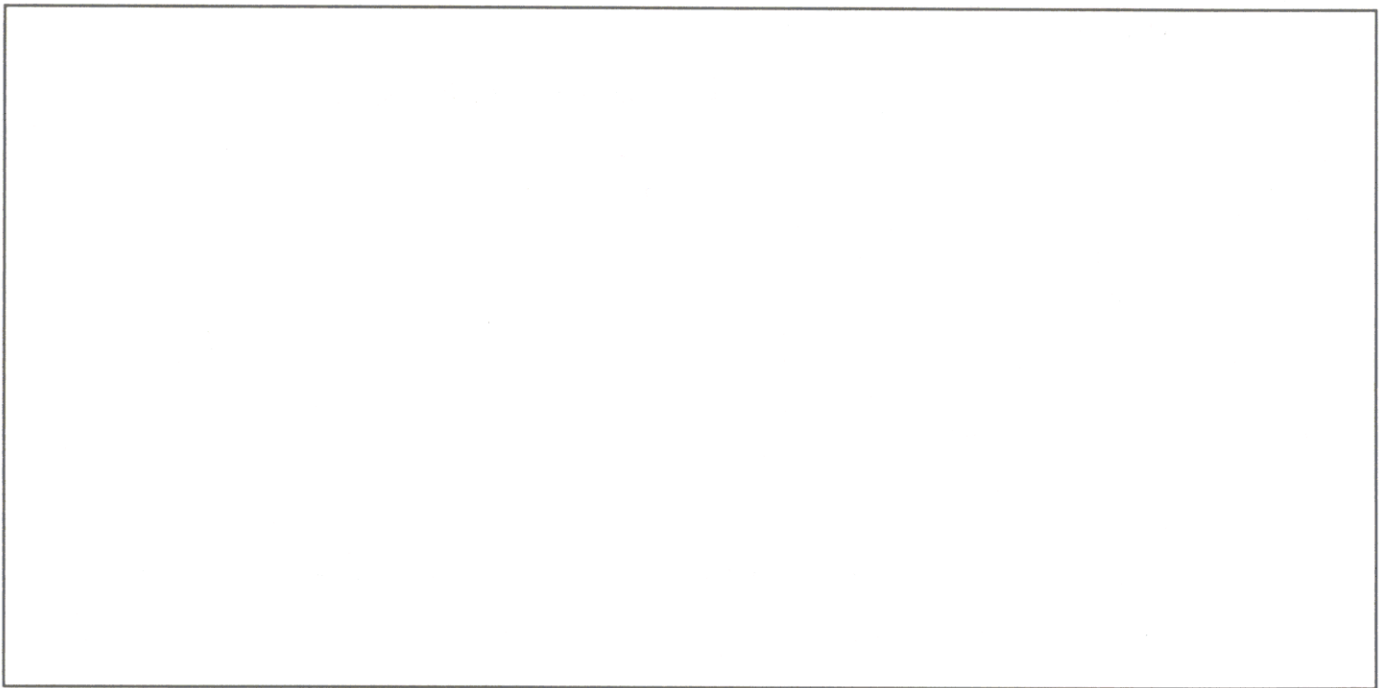
- Person living ALONE 1
- Married or de facto couple ONLY 2
- Married or de facto couple living with children 3
- One person living with children 4
- Shared household 5
- All other households (please specify) 6
- _____

Interviewer: I would now like to ask some questions to (read out all eligible residents)

If an eligible resident is currently NOT at home, obtain contact details and ascertain an appropriate contact time.

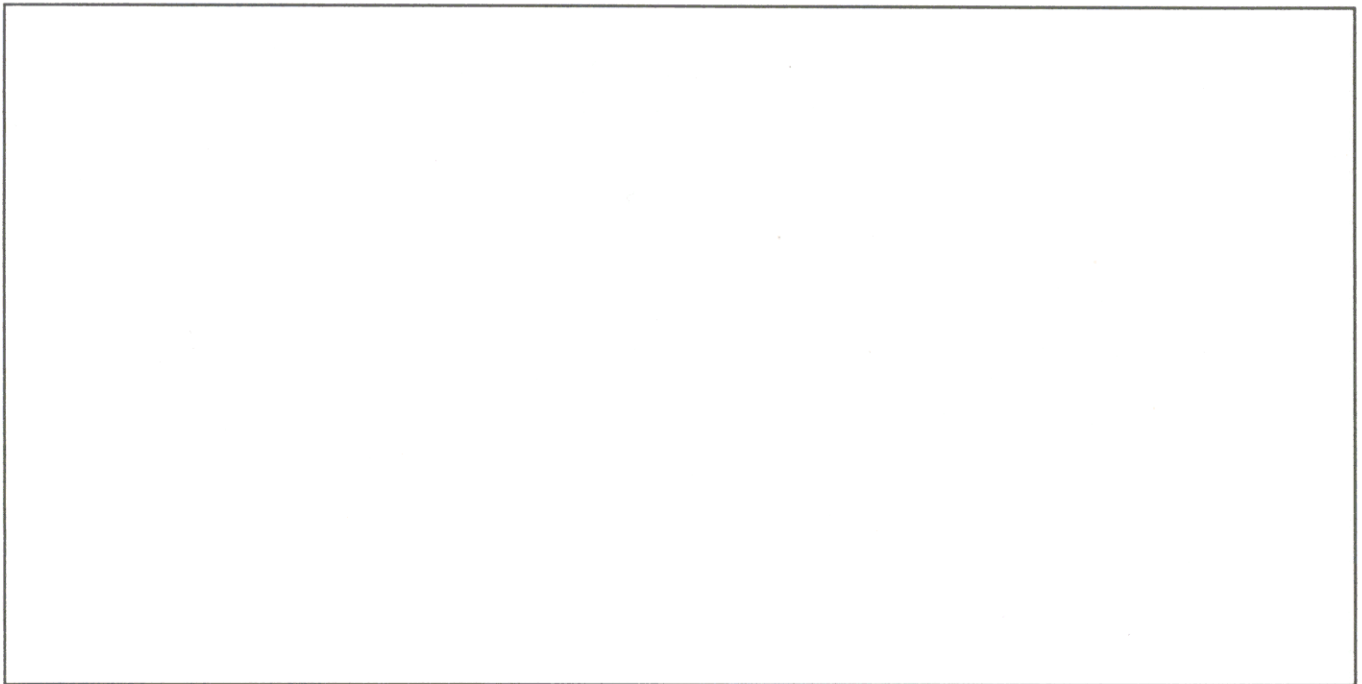
DEMOGRAPHICS (to be completed with each ELIGIBLE resident individually)

Person No.	Q5		Q6	Q7						Q8				
	Sex		Date of birth	Marital Status						Education				
			What was your date of birth?	What is your marital status?						What is your highest level of education completed?				
	M	F	Record as: dd/mm/yyyy	<ul style="list-style-type: none"> • Married = 1 • De facto = 2 • Separated = 3 • Divorced = 4 • Widowed = 5 • Never Married = 6 						<ul style="list-style-type: none"> • Never attended school = 1 • Primary school = 2 • Some high school = 3 • Completed high school (Yr 12 or equivalent) = 4 • University, TAFE etc = 5 				
01	1	2		1	2	3	4	5	6	1	2	3	4	5
02	1	2		1	2	3	4	5	6	1	2	3	4	5
03	1	2		1	2	3	4	5	6	1	2	3	4	5
04	1	2		1	2	3	4	5	6	1	2	3	4	5
05	1	2		1	2	3	4	5	6	1	2	3	4	5
06	1	2		1	2	3	4	5	6	1	2	3	4	5
07	1	2		1	2	3	4	5	6	1	2	3	4	5
08	1	2		1	2	3	4	5	6	1	2	3	4	5
09	1	2		1	2	3	4	5	6	1	2	3	4	5
10	1	2		1	2	3	4	5	6	1	2	3	4	5
11	1	2		1	2	3	4	5	6	1	2	3	4	5
12	1	2		1	2	3	4	5	6	1	2	3	4	5



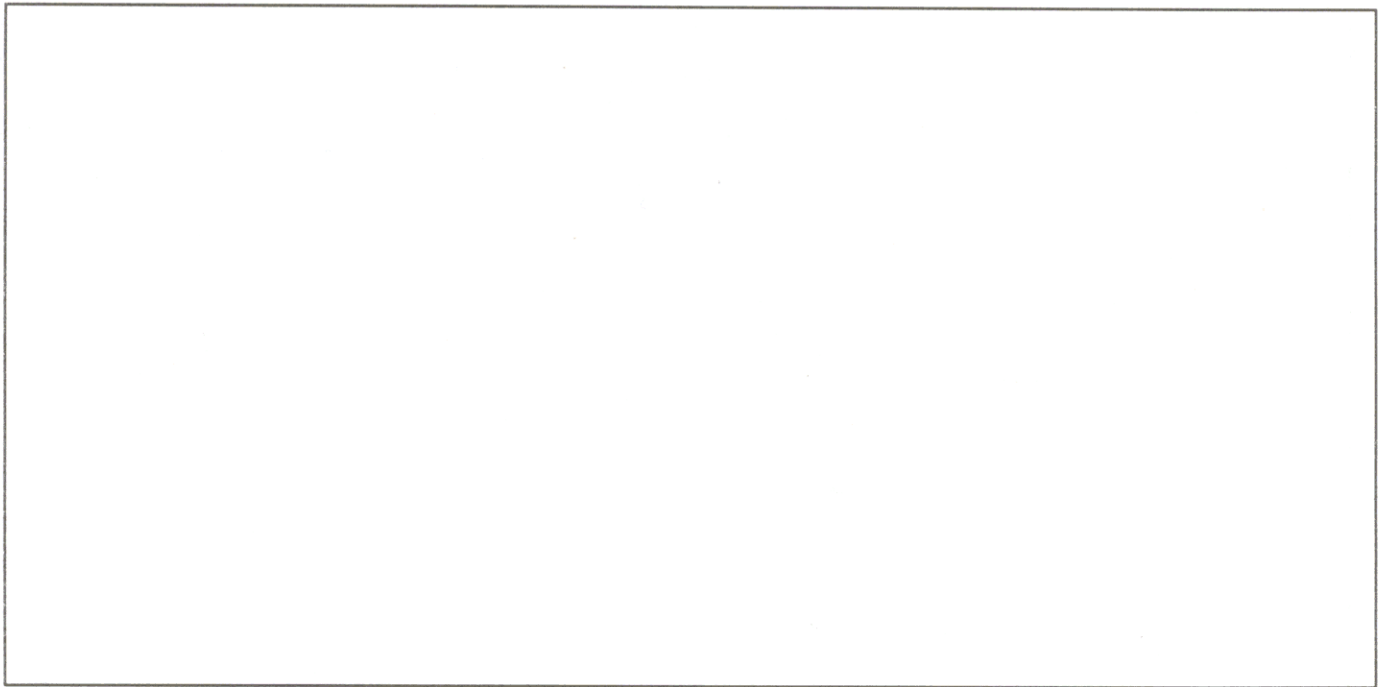
DEMOGRAPHICS (to be completed with each ELIGIBLE resident individually)

Person No.	Q9				Q10	Q11	Q12						
	Aboriginal/TSI Origin Are you of Aboriginal or Torres Strait islander origin? •No = 1 •Aboriginal = 2 •TSI = 3 •Both = 4 No Aboriginal TSI Both				Country of Birth In which country were you born? If Overseas → Q11 If in Australia → Q12 <i>Enter Country Name</i>	Year of arrival <i>If born overseas</i> In what year did you arrive in Australia? Record as: yyyy	Language Spoken What language do you usually speak in this household? • English = 1 • Italian = 2 • Greek = 3 • Cantonese = 4 • Mandarin = 5 • Other (specify)= 6						
01	1	2	3	4			1	2	3	4	5	6	_____
02	1	2	3	4			1	2	3	4	5	6	_____
03	1	2	3	4			1	2	3	4	5	6	_____
04	1	2	3	4			1	2	3	4	5	6	_____
05	1	2	3	4			1	2	3	4	5	6	_____
06	1	2	3	4			1	2	3	4	5	6	_____
07	1	2	3	4			1	2	3	4	5	6	_____
08	1	2	3	4			1	2	3	4	5	6	_____
09	1	2	3	4			1	2	3	4	5	6	_____
10	1	2	3	4			1	2	3	4	5	6	_____
11	1	2	3	4			1	2	3	4	5	6	_____
12	1	2	3	4			1	2	3	4	5	6	_____

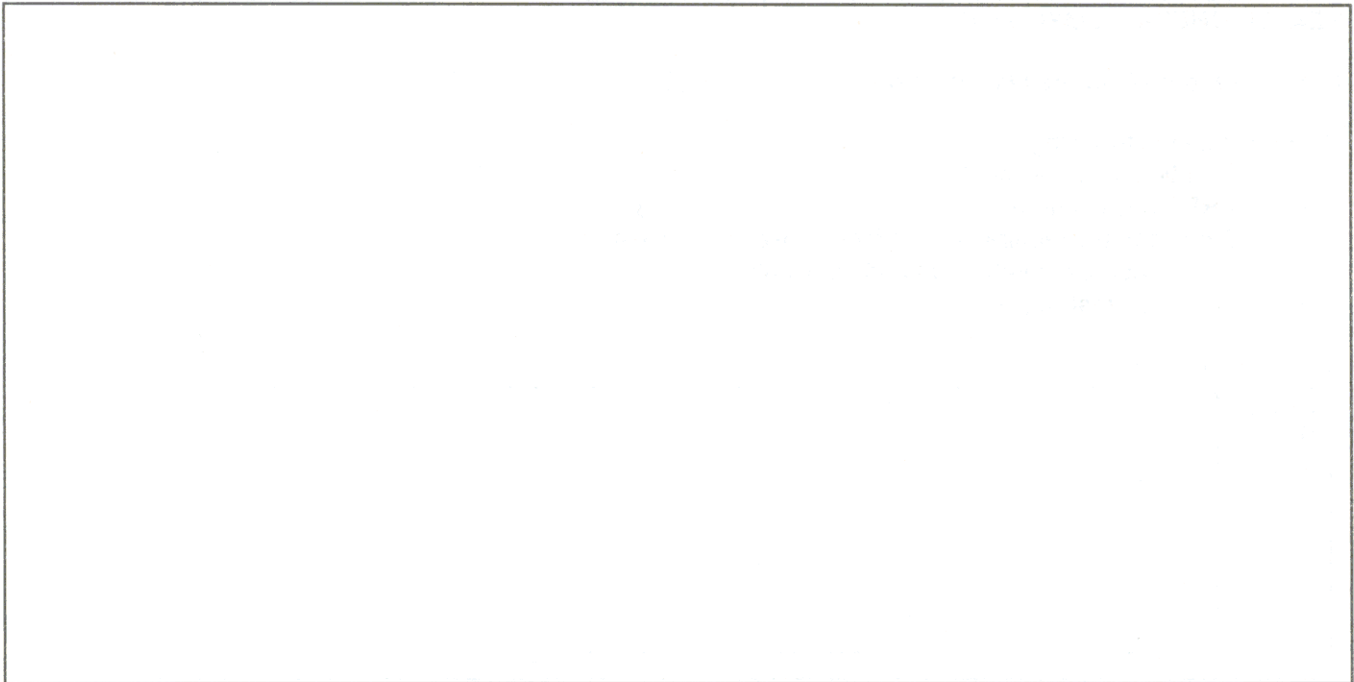


Diabetes Status

Person No.	Q13		Q14			Q15	Q16					
	Yes	No	Yes	No	DK	Years	What type of diabetes were you told you had? <ul style="list-style-type: none"> • Type 1 (Insulin-dependent diabetes mellitus) = 1 • Type 2 (Non-Insulin Dependent Diabetes Mellitus) = 2 • Gestational diabetes = 3 • Diabetes – type unknown = 4 • Other (Specify) = 5 					
01	1	2	1	2	3		1	2	3	4	5	_____
02	1	2	1	2	3		1	2	3	4	5	_____
03	1	2	1	2	3		1	2	3	4	5	_____
04	1	2	1	2	3		1	2	3	4	5	_____
05	1	2	1	2	3		1	2	3	4	5	_____
06	1	2	1	2	3		1	2	3	4	5	_____
07	1	2	1	2	3		1	2	3	4	5	_____
08	1	2	1	2	3		1	2	3	4	5	_____
09	1	2	1	2	3		1	2	3	4	5	_____
10	1	2	1	2	3		1	2	3	4	5	_____
11	1	2	1	2	3		1	2	3	4	5	_____
12	1	2	1	2	3		1	2	3	4	5	_____



Person No.	Q17			Q18	Q19			Q20						Q21
	Yes	No	DK	Years	Yes	No	DK	1	2	3	4	5	6	Years
	Have you ever been told by a doctor or a nurse that you have high sugar levels in your blood or urine?			At what age were you first told that you had high sugar levels?	Do you <u>currently</u> have diabetes/high sugar levels?			What diabetes treatment are you <u>currently</u> having?						At what age did you start having daily insulin injections?
	Yes = 1 → Q18 No = 2 → Q22 Don't know = 3 → Q22			Don't Know = 99 → Q19	Yes = 1 → Q20 No = 2 → Q25 Don't know = 3 → Q25			Insulin = 1 → Q21 Insulin & Tablets = 2 → Q21 Tablets = 3 → Q25 Diet only = 4 → Q25 None = 5 → Q25 Other = 6 → Q25						Don't Know=99 Years → Go to Q25
01	1	2	3		1	2	3	1	2	3	4	5	6	
02	1	2	3		1	2	3	1	2	3	4	5	6	
03	1	2	3		1	2	3	1	2	3	4	5	6	
04	1	2	3		1	2	3	1	2	3	4	5	6	
05	1	2	3		1	2	3	1	2	3	4	5	6	
06	1	2	3		1	2	3	1	2	3	4	5	6	
07	1	2	3		1	2	3	1	2	3	4	5	6	
08	1	2	3		1	2	3	1	2	3	4	5	6	
09	1	2	3		1	2	3	1	2	3	4	5	6	
10	1	2	3		1	2	3	1	2	3	4	5	6	
11	1	2	3		1	2	3	1	2	3	4	5	6	
12	1	2	3		1	2	3	1	2	3	4	5	6	



Person No.	Q22			Q23			Q24
	Do you suspect that you may currently have?			Have you ever been tested for diabetes or high sugar levels?			How long ago was your last test?
	Diabetes	High sugar levels in your blood or urine	Neither	Yes	No	DK	Don't Know = 99 Less 1 yr = 00 Years → Go to Q25
01	1	2	3	1	2	3	
02	1	2	3	1	2	3	
03	1	2	3	1	2	3	
04	1	2	3	1	2	3	
05	1	2	3	1	2	3	
06	1	2	3	1	2	3	
07	1	2	3	1	2	3	
08	1	2	3	1	2	3	
09	1	2	3	1	2	3	
10	1	2	3	1	2	3	
11	1	2	3	1	2	3	
12	1	2	3	1	2	3	

HEALTH CHECK COMPONENT

Interviewer to invite for free health check

Must mention the following:

- Location of survey centre
- FREE health check
- Blood sample required to test for glucose and cholesterol
- Time – approximately 2 hrs and 15 minutes
- Overnight fast required

Reason for refusals

Person No.	

Q 25 Response Status

Person No.	Response					Health Check Appointment Date	Health Check Appointment Time	Response			
	Individual Interview							Health Check Component			
	Fully responding to interview = 1							Fully responding to examination = 1			
	Non-response							Non-response			
	<ul style="list-style-type: none"> • Full refusal to be interviewed = 2 • Part refusal to be interviewed = 3 • Full non-contact = 4 • Language problems = 5 							<ul style="list-style-type: none"> • Full refusal to be examined = 2 • Part refusal to be examined = 3 • Language problems = 4 			
	Please specify reason above for non-response							Please specify reason above for non-response			
01	1	2	3	4	5			1	2	3	4
02	1	2	3	4	5			1	2	3	4
03	1	2	3	4	5			1	2	3	4
04	1	2	3	4	5			1	2	3	4
05	1	2	3	4	5			1	2	3	4
06	1	2	3	4	5			1	2	3	4
07	1	2	3	4	5			1	2	3	4
08	1	2	3	4	5			1	2	3	4
09	1	2	3	4	5			1	2	3	4
10	1	2	3	4	5			1	2	3	4
11	1	2	3	4	5			1	2	3	4
12	1	2	3	4	5			1	2	3	4

Interviewer: Check if you have requested telephone number → Page 1