

# Diet for Insulin Therapy ONLINE

## 2021 HEALTH PROFESSIONAL ONLINE TRAINING PROGRAM

**Date:** Wednesday 17 November 2021

**Time:** 1.00 - 4.00pm AEDT

### Cost

**\$150**

Fees include GST.  
Booking fee applies.

### Early bird

**\$125**

Fees include GST.  
Booking fee applies.

Early bird applies if  
paid in full by Friday  
29 October 2021.

### Overview

**This program will be delivered online via Zoom conferencing.**

People managing diabetes using insulin therapy benefit from dietary education in relation to their carbohydrate intake and timing of meals and snacks.

This program will provide an overview of how you can help clients identify and understand the impact of their dietary choices on their blood glucose and the relationship to insulin therapy.

The afternoon will be facilitated by experienced Accredited Practising Dietitians who work with clients managing type 1 and type 2 diabetes using various insulin regimes including insulin pumps.

Registered health professionals working with clients using insulin therapy, in particular practice nurses and recently graduated diabetes educators and dietitians are encouraged to attend.

Please note, teaching carbohydrate counting skills is not the focus of this program.

### Topics will include:

- Identifying carbohydrate in food and beverages
- Suggested distribution of carbohydrates across meals and snacks in relation to different insulin therapy regimes
- When and what to suggest to clients regarding carbohydrate counting
- Available client resources
- Practical case study examples of people managing T1 and T2 diabetes on different insulin regimes

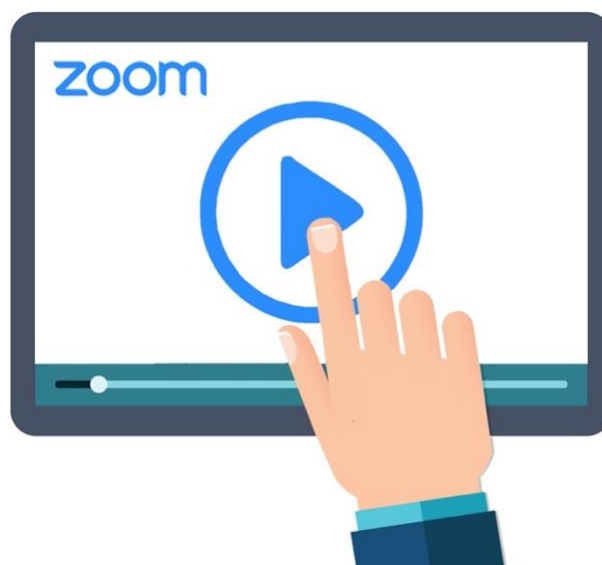
### Registration

Please visit: <https://baker.edu.au/health-hub/education-services/health-professionals-training>

## Allied Health and Education Service

Our multi-disciplinary team includes credentialled diabetes nurse educators, accredited practising dietitians and accredited exercise physiologists. Our highly skilled presenters aim to make all learning experiences interactive, practical and relevant to assist you to provide better care for people with diabetes.

Online via Zoom conferencing.



This image is courtesy of Zoom Video Communication

## Further information

For further information regarding our training programs for health professionals contact:

Amy Castelli (Tuesday - Friday): Allied Health and Education Service

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**T** (03) 8532 1854

**W** <https://baker.edu.au/health-hub/education-services/health-professionals-training>